## Hygiene advice using inmuRELAX and inmuDANCE

In this particular time, good hygiene is the priority. The **inmu** is designed to be touched and in close physical contact with the user, which is why it is also easy to wash and maintain. Here we have an overview of how you can easily clean your **inmu**.

## Our advice on good **inmu** hygiene:

- All types of **inmu** covers can be removed and washed in the washing machine or by hand. Follow the instructions on the cover label or find information on our website www.inmutouch.com/support
- We recommend that you follow the washing instructions. However, it is possible to wash the **inmuDANCE** cover, as well as the **inmuRELAX** polyester cover at 95°C\* if increased hygiene is needed. (Note: this does not apply to inmuRELAX covers in organic cotton).

  \*Washing at higher temperatures may cause slight changes in the colour and quality of the cover.
- Both the outer and inner cover of the **inmu** can be wiped with a damp cloth with water and soap, as well as cleaned with a disinfectant wipe or other ethanol-containing agents.
- If the **inmu** is used by multiple users, for example at one institution, we recommend that you purchase additional covers. The cover can thus be changed before a new user gets the **inmu**.
- It is not known exactly how long the virus can survive on surfaces, but it is estimated that it can be a few hours up to several days. Infection cannot be transmitted solely by touching objects with virus on. Infection requires the virus to come into contact with mucous membranes of the mouth, nose or eyes. We recommend that you follow the General Board of Health's advice to reduce the infection: https://www.sst.dk/en/corona.











